

**THE VISITATION
OF THE
BLESSED VIRGIN MARY**



VESPERS

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HYMN

Johann Hermann Schein, 1586–1630



O great - ly burdened, great - ly blest,
in whose strong hands earth's sor - rows rest:
let all the Church, all hu - man - kind,
in you the hope of Eas - ter find.

God sent his Word and you believed—
gift nobly given and received!
Your 'be it done' brought our release,
the child to bring Eve's children peace.

In you the heart of God drew near
our injured flesh to bless and bear,
that we might see eternal grace
look kindly from a human face.

Disciple faithful to the Lord,
abiding always in his word:
pray Christ the poor good tidings hear,
God's kingdom come, God's truth shine clear!

Come, magnify the Lord and sing
the praise of Mary's Son, the King;
and by the Spirit's gift may we
with her God's goodness ever see.

Turvey: Based on mediaeval prayers to Mary

THE VISITATION OF THE BLESSED VIRGIN MARY

VESPERS

O God, come to our aid,
O Lord, make haste to help us.
Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now
and shall be for ever, amen. Alleluia!

HYMN

ANTIPHON 1: My soul * glorifies the Lord, my spirit rejoices in God my
saviour. (alleluia)

Psalm 22



The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.

Near restful waters he leads me,
to revive my drooping spirit.
He guides me along the right path;
he is true to his name.

If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort.

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.

Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now
and shall be for ever, amen.

ANTIPHON 1: My soul * glorifies the Lord, my spirit rejoices in God my
saviour. (alleluia)

ANTIPHON 2: All generations * will call me blessed, for God has looked on my lowliness. (alleluia)

Psalm 112



Alleluia!

Praise, O servants of the Lord,
praise the name of the Lord!
May the name of the Lord be blessed
both now and for evermore!
From the rising of the sun to its setting
praised be the name of the Lord!

High above all nations is the Lord,
above the heavens his glory.
Who is like the Lord, our God,
who has risen on high to his throne
yet stoops from the heights to look down,
to look down upon heaven and earth?

From the dust he lifts up the lowly,
from the dungheap he raises the poor
to set him in the company of princes,
yes, with the princes of his people.
To the childless wife he gives a home
and gladdens her heart with children.

Glory be to the Father, the Son and Holy Spirit,
both now and for ever, amen.

ANTIPHON 2: All generations * will call me blessed, for God has looked on my lowliness. (alleluia)

ANTIPHON 3: He fills * the starving with good things, sends the rich away empty. (alleluia)

NT Canticle 10

(Ephesians 1: 3-10)



Blessed be the God ánd Father
of our Lórd Jesus Christ,
who has blessed us in Christ
with every spiritual blessing in the heavenly places.

He chose us ín him
before the foundátion of the world,
that we should be hòly
and blameless bèfore him.

He destined us ín love
to be his sóns through Jesus Christ,
according to the purpose of his will,
(to the praise of his glorious grace,
which he freely bestowed on us in the Bèloved.

In him we have redemption through his blood,
the forgiveness of our trespasses,
according to the riches of his gráce
which he lavished upon us.

He has made known to us in all wisdom ánd insight
the mýstery of his will,
according to his pùrpose
which he set forth ín Christ.

His purpose he set forth ín Christ
as a plan for the fúlness of time,
to unite all things in him,
things in heaven and things òn earth.

Glory be to the Father and to thé Son
and tó the Holy Spirit,
as it was in the beginning, is nòw
and shall be for ever, àmen.

ANTIPHON 3: He fills * the starving with good things, sends the rich away empty. (alleluia)

ANTIPHON 4: The Lord * remembers his mercy, according to his promise to our fathers. (alleluia)

Psalm 146



Alleluia!

Praise the Lord for he is good;
sing to our God for he is loving:
to him our praise is due.

The Lord builds up Jerusalem
and brings back Israel's exiles,
he heals the broken-hearted,
he binds up all their wounds.
He fixes the number of the stars;
he calls each one by its name.

Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
he humbles the wicked to the dust.
O sing to the Lord, giving thanks;
sing psalms to our God with the harp.

He covers the heavens with clouds;
he prepares the rain for the earth,
making mountains sprout with grass
and with plants to serve man's needs.
He provides the beasts with their food
and young ravens that call upon him.

His delight is not in horses
nor his pleasure in warriors' strength.
The Lord delights in those who revere him,
in those who wait for his love.

Glory be to the Father, the Son and Holy Spirit,
both now and for ever, amen.

ANTIPHON 4: The Lord * remembers his mercy, according to his promise to our fathers. (alleluia)

SCRIPTURE READING

RESPONSORY (ORDINARY TIME)

Hail, Mary, full of grace: the Lord is with you! *(repeat)*

Blessed are you among women, and blessed is the fruit of your womb:

The Lord is with you!

Glory be to the Father and to the Son and to the Holy Spirit.

Hail, Mary, full of grace: the Lord is with you! *(repeat)*

RESPONSORY (EASTERTIDE)

Hail, Mary, full of grace: the Lord is with you, alleluia, alleluia!
(repeat)

Blessed are you among women, and blessed is the fruit of your womb:

Alleluia, alleluia!

Glory be to the Father and to the Son and to the Holy Spirit.

Hail, Mary, full of grace: the Lord is with you, alleluia, alleluia!



MAGNIFICAT

(Luke 1:46–55)

ANTIPHON: Blessed * are they, who hear the Word of God and keep it. (alleluia)



My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now
and shall be for ever, amen.

REPEAT ANTIPHON

INTERCESSIONS

OUR FATHER

(said by the Superior)

CONCLUDING PRAYER

LET US BLESS THE LORD (ALLELUIA)
THANKS BE TO GOD (ALLELUIA)

May the divine assistance remain always with us
And with our absent brothers and sisters. Amen.

