

COMMON OF MONKS AND NUNS



VESPERS

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COMMON OF MONKS AND NUNS

VESPERS

O God, come to our aid

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now
and shall be for ever, amen, al-le-lu- ia.

HYMN

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ANTIPHON 1: The just * shall shine like the sun in the kingdom of their
Father.

Psalm 109



(The Lord's revelation to my Master:
'Sit on my right:
your foes I will put beneath your feet.'

(The Lord will wield from Zion
your sceptre of power:
rule in the midst of all your foes.

(A prince from the day of your birth
on the holy mountains;
from the womb before the dawn I begot you.

(The Lord has sworn an oath he will not change.
'You are a priest for ever,
a priest like Melchizedek of old.'

The Master standing at your right hand
will shatter kings in the day of his wrath.

(He, the Judge of the nations,
will heap high the bodies;
heads shall be shattered far and wide.

He shall drink from the stream by the wayside
and therefore he shall lift up his head.

Glory be to the Father, the Son and Holy Spirit,
both now and for ever, amen.

REPEAT ANTIPHON

ANTIPHON 2: Let the saints * rejoice in heaven! They have followed in
Christ's steps and share his joy for ever.

Psalm 112



Praise, O servants of the Lord,
praise the name of the Lord!
May the name of the Lord be blessed
both now and for evermore!
From the rising of the sun to its setting
praised be the name of the Lord!

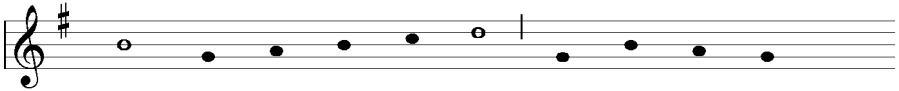
High above all nations is the Lord,
above the heavens his glory.
Who is like the Lord, our God,
who has risen on high to his throne
yet stoops from the heights to look down,
to look down upon heaven and earth?

From the dust he lifts up the lowly,
from the dungheap he raises the poor
to set him in the company of princes,
yes, with the princes of his people.
To the childless wife he gives a home
and gladdens her heart with children.

Glory be to the Father, the Son and Holy Spirit,
both now and for ever, amen.

REPEAT ANTIPHON

ANTIPHON 3



God * chose us in his Son, and made us his



ad - opt - ed child - ren.



NT Canticle 10

(Ephesians 1: 3–10)

Blessed be the God ánd Father
of our Lórd Jesus Christ,
who has blessed us in Chrìst
with every spiritual blessing in the heavenly^G places.

He chose us ín him
before the foundátion of the world,
that we should be hòly
and blameless bèfore him.

He destined us ín love
to be his sóns through Jesus Christ,
according to the purpose of his will,
(to the praise of his glorious grace,
which he freely bestowed on us in the Bèloved.

In him we have redemption through hís blood,
the forgíveness of our trespasses,
according to the riches of his gràce
which he lavished ùpon us.

He has made known to us in all wisdom ánd insight
the mýstery of his will,
according to his pùrpose
which he set forth ìn Christ.

His purpose he set forth ín Christ
as a plan for the fùlness of time,
to unite all things in hìm,
things in heaven and things òn earth.

Glory be to the Father and to thé Son
and tó the Holy Spirit,
as it was in the beginning, is nòw
and shall be for ever, àmen.

REPEAT ANTIPHON

ANTIPHON 4: This is * God's work, and it is wonderful to see!

Psalm 115



I trusted, even when I said:

'I am sorely afflicted,'

and when I said in my alarm:

'No man can be trusted.'

How can I repay the Lord

for his goodness to me?

The cup of salvation I will raise;

I will call on the Lord's name.

My vows to the Lord I will fulfil

before all his people.

O precious in the eyes of the Lord

is the death of his faithful.

Your servant, Lord, your servant am I;

you have loosened my bonds.

A thanksgiving sacrifice I make:

I will call on the Lord's name.

My vows to the Lord I will fulfil

before all his people,

in the courts of the house of the Lord,

in your midst, O Jerusalem.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning, is now

and shall be for ever, amen.

REPEAT ANTIPHON

SCRIPTURE READING

RESPONSORY

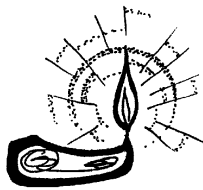
The Lord takes delight in his people, he crowns the poor
with salvation. *(Repeat)*

Let the praise of God be on their lips:

He crowns the poor with salvation.

Glory be to the Father and to the Son and to the Holy Spirit.

The Lord takes delight in his people, he crowns the poor
with salvation.



MAGNIFICAT

(Luke 1:46–55)

ANTIPHON: The saints * have shared in Christ's hardships, and have entered into his kingdom.



My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!

His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now
and shall be for ever, amen.

REPEAT ANTIPHON

INTERCESSIONS

OUR FATHER

(said by the Superior)

CONCLUDING PRAYER

LET US BLESS THE LORD
THANKS BE TO GOD

May the divine assistance remain always with us.
And with our absent brothers and sisters. Amen.

