

# THE BODY AND BLOOD OF CHRIST



## VESPERS

These pages are provided for the private use of those who join the communities in the chapel at Turvey Abbey for Vespers via the Turvey Abbey YouTube channel.

Psalms(1963 edition) ©The Grail

English Magnificat ©The Grail

clip art ©Turvey Abbey

layout ©Turvey Abbey

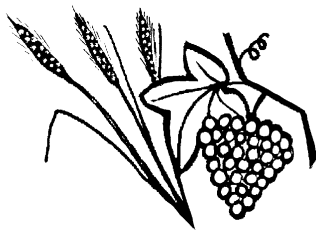


[www.turveyabbey.org.uk/](http://www.turveyabbey.org.uk/)

## THE BODY AND BLOOD OF CHRIST

## VESPERS

O God, come to our aid,  
O Lord, make haste to help us.  
Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now  
and shall be for ever, amen. Alleluia!



## HYMN

Plainsong

God-head here in hid - ing whom I do a - dore  
Masked by these bare sha - dows, shape and noth - ing more,  
See, Lord, at thy ser - vice low lies here a heart  
Lost, all lost in won - der at the God thou art.

Seeing, touching, tasting are in thee deceived;  
How says trusty hearing? that shall be believed;  
What God's Son has told me, take for truth I do;  
Truth himself speaks truly or there's nothing true.

On the cross thy Godhead made no sign to men;  
Here thy very manhood steals from human ken:  
Both are my confession, both are my belief,  
And I pray the prayer of the dying thief.

I am not like Thomas, wounds I cannot see,  
But can plainly call thee Lord and God as he;  
This faith each day deeper be my holding of,  
Daily make me harder hope and dearer love.

O thou our reminder of Christ crucified,  
Living Bread, the life of us for whom he died,  
Lend this life to me then; feed and feast my mind,  
There be thou the sweetness man was meant to find.

Jesu, whom I look at shrouded here below,  
I beseech thee send me what I long for so,  
Some day to gaze on thee face to face in light  
And be blest for ever with thy glory's sight.

Ascribed to St Thomas Aquinas 1227–74  
Trans. Gerard Manley Hopkins 1844–89

**ANTIPHON 1:** Christ \* is a priest for ever, of the order of Melchizedek, who offers bread and wine.

Psalm 109



( The Lord's revelation to my Master:  
'Sit on my right:  
your foes I will put beneath your feet.'

( The Lord will wield from Zion  
your sceptre of power:  
rule in the midst of all your foes.

( A prince from the day of your birth  
on the holy mountains;  
from the womb before the dawn I begot you.

( The Lord has sworn an oath he will not change.  
'You are a priest for ever,  
a priest like Melchizedek of old.'

The Master standing at your right hand  
will shatter kings in the day of his wrath.

( He, the Judge of the nations,  
will heap high the bodies;  
heads shall be shattered far and wide.

He shall drink from the stream by the wayside  
and therefore he shall lift up his head.

Glory be to the Father, the Son and Holy Spirit,  
both now and for ever, amen.

**ANTIPHON 1:** Christ \* is a priest for ever, of the order of Melchizedek, who offers bread and wine.

**ANTIPHON 2:** Lord, \* you have given us food as a memorial of your wonders.

Psalm 110



Alleluia!

I will thank the Lord with all my heart  
in the meeting of the just and their assembly.  
Great are the works of the Lord;  
to be pondered by all who love them.

Majestic and glorious his work,  
his justice stands firm for ever.  
He makes us remember his wonders.  
The Lord is compassion and love.

He gives food to those who fear him;  
keeps his covenant ever in mind.  
He has shown his might to his people  
by giving them the lands of the nations.

His works are justice and truth:  
his precepts are all of them sure,  
standing firm for ever and ever:  
they are made in uprightness and truth.

He has sent deliverance to his people  
and established his covenant for ever.  
Holy his name, to be feared.

To fear the Lord is the first stage of wisdom;  
all who do so prove themselves wise.  
His praise shall last for ever!

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning, is now  
and shall be for ever, amen.

**ANTIPHON 2:** Lord, \* you have given us food as a memorial of your wonders.

## FIRST VESPERS

**ANTIPHON 3:** You are \* the Way, you are the Truth, you, Lord are the Life of the world.

### NT Canticle 20

(Rev 11:17–18;12:10b–12a)



We give thanks to you, Lord God Almighty,  
who are and who were,  
that you have taken your great power  
and begun to reign.

The nations raged,  
but your wrath came,  
and the time for the dead to be judged,  
for rewarding your servants, the prophets and saints,  
and those who fear your name,  
both small and great.

Now the salvation and the power and the kingdom of our God  
and the authority of his Christ have come.  
For the accuser of our brethren has been thrown down,  
who accuses them day and night before our God.

And they have conquered him  
by the blood of the Lamb  
and by the word of their testimony,  
for they loved not their lives even unto death.  
Rejoice, then, O heaven,  
and you that dwell therein.

Glory be to the Father, the Son and Holy Spirit,  
both now and for ever, amen.

**ANTIPHON 3:** You are \* the Way, you are the Truth, you, Lord are the Life of the world.



**ANTIPHON 4:** The Lord \* has made peace through his body, and feeds us with finest wheat.

Psalm 147



O praise the Lord, Jerusalem!  
Zion, praise your God!

He has strengthened the bars of your gates,  
he has blessed the children within you.  
He established peace on your borders,  
he feeds you with finest wheat.

He sends out his word to the earth  
and swiftly runs his command.  
He showers down snow white as wool,  
he scatters hoar-frost like ashes.

He hurls down hailstones like crumbs.  
The waters are frozen at his touch;  
he sends forth his word and it melts them:  
at the breath of his mouth the waters flow.

He makes his word known to Jacob,  
to Israel his laws and decrees.  
He has not dealt thus with other nations;  
he has not taught them his decrees.

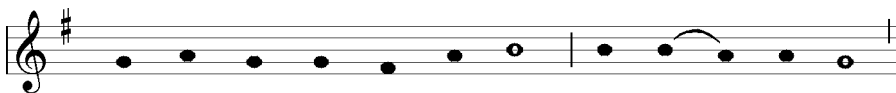
Alleluia!

Glory be to the Father, the Son and Holy Spirit,  
both now and for ever, amen.

**ANTIPHON 4:** The Lord \* has made peace through his body, and feeds us with finest wheat.

## SCRIPTURE READING

### RESPONSORY

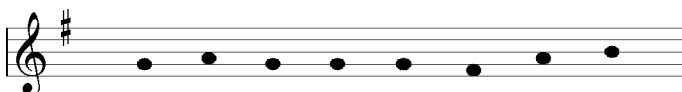


**Cantor:** He gave them bread from heav-en, al - le - lu - ia,



al - le - lu - ia!

**All repeat**



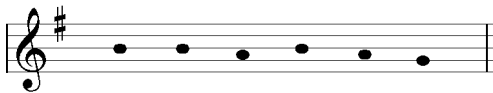
**Cantor:** Mere men ate the bread of an - gels:



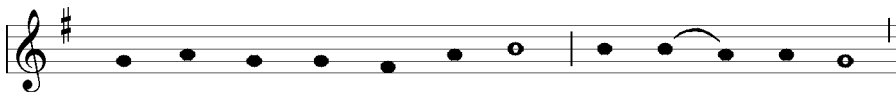
**All:** Al - le - lu - ia, al - le - lu - ia!



**Cantor:** Glo - ry be to the Fa - ther and to the Son and



to the Ho - ly Spi - rit.



**All:** He gave them bread from heav-en, al - le - lu - ia,



al - le - lu - ia!

# MAGNIFICAT

Canticle of Mary

(Luke 1:46–55)

## ANTIPHON

sa - crum conví - vi - um! \* in quo Christus sú - mi - tur:  
re - có - li - tur memó - ri - a passi - ó - nis e - jus: mens implé - tur  
grá - ti - a: et fu - tú - ræ gló - ri - æ no - bis pignus da - tur,  
alle - lú - ia. E u o u a e

Magnificat \* anima m<sup>e</sup>a Dominum:

et exsultavit spiritus meus \* in Deo salut<sup>a</sup>ri meo.

Quia respexit humilitatem ancill<sup>e</sup> su<sup>e</sup>, \* ecce enim ex hoc beatam me dicent omnes gener<sup>a</sup>tiones.

Quia fecit mihi magna qui potens est, \* et sanctum n<sup>o</sup>m<sup>e</sup>n ejus.

Et misericordia ejus a progenie in progenies, \* tim<sup>e</sup>ntib<sup>u</sup>s eum.

Fecit potentiam in brachio suo; \* dispersit superbos mente cord<sup>i</sup>s sui.

Deposuit potentes de sede, \* et exalt<sup>a</sup>v<sup>i</sup>t humiles.

Esurientes implevit bonis, \* et divites dir<sup>i</sup>sis<sup>i</sup>t inan<sup>e</sup>s.

Suscepit Israel puerum suum, \* recordatus misericord<sup>i</sup>e su<sup>e</sup>,

Sicut locutus est ad patres nostros, \* Abraham et semini <sup>e</sup>j<sup>u</sup>s in s<sup>e</sup>c<sup>u</sup>la.

Gloria Patri et Filio, \* et Sp<sup>i</sup>rit<sup>u</sup>i Sancto,

Sicut erat in principio et nunc et semper, \* et in s<sup>e</sup>c<sup>u</sup>la s<sup>e</sup>c<sup>u</sup>lor<sup>u</sup>m, amen.

## REPEAT ANTIPHON

## (TRANSLATION)

### ANTIPHON

O holy feast, in which Christ is the food! His passion is recalled with living memory; the spirit is filled with grace, and we are given a sure pledge of future glory, alleluia!

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.

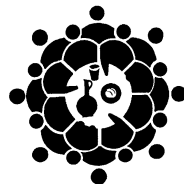
He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning, is now  
and shall be for ever, amen.

### REPEAT ANTIPHON



## INTERCESSIONS

**OUR FATHER**

*(said by the Superior)*

**CONCLUDING PRAYER**

LET US BLESS THE LORD  
THANKS BE TO GOD

May the divine assistance remain always with us.  
And with our absent brothers and sisters. Amen.

